February 2022

Year of the Tiger

Chinese New Year also known and the lunar new year, is the festival that celebrates the beginning of a new year on the traditional lunisolar Chinese calendar. 2022 is the year of the water tiger. The tiger is known as the King of all beast in China and is associated with bravery, confidence, and strength.

Happy Chinese New Year

Why it is Important to talk to your children about history

- History helps us develop a better understanding of the world. ...
- History helps us understand ourselves. ...
- History helps us learn to understand other people. ...
- History teaches a working understanding of change. ...
- History gives us the tools we need to be decent citizens.

Black History Month

This year's theme for Black History Month, "Black Health and Wellness", takes a look at how American healthcare has often underserved the African-American community. As the COVID-19 pandemic has recently shown, a widespread disparity of access to quality healthcare negatively impacts outcomes for blacks and other minorities. For African-Americans, the root of the problem goes deep, and back centuries. Beginning with slavery a lack of economic opportunity, often put medical care out of reach for many African-Americans.

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