Thankful

Being kind to others may seem like a no-brainer, but research shows there’s great benefit. Showing kindness doesn’t just feel good, it’s also good for your health. Acts of kindness increase acceptance by peers (otherwise known as popularity) improve bonds and social relationships, and helps children to develop stronger friendships.

Nov. 13th World Kindness Day
Children are encouraged to spread kindness to people who needed it most, while also learning about the impact of being kind will have on their own physical and mental health.

Random Acts of Kindness Friday Nov. 26th

Picture Book Month

Picture books for young readers are building blocks that promote literacy, vocabulary skills, sentence structure and story analysis. The rhythm and rhyme of picture books makes them easy to understand and fun to read aloud, allowing children to learn words quickly.

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https://picturebookmonth.com/