WELCOME 歡迎

John C. Haines School
Parent Advisory Council Meeting
October 8, 2021

興氏學校家長諮詢委員會
PAC Meeting
Sign-in code
Please mute your mic and sign-in now.
The meeting will start shortly.
家長會請簽到
(請勿簽到超過一次)
請把您的話筒「靜音」
會議即將開始。

PAC Meeting Sign In 家長會: 2021年10月8日 - 請簽到 (請勿簽到超過一次)

Date: October 8, 2021 (Friday)
Date: 二零二一年十月八日 (星期五)
Time: 8:00 A.M. 時間：上午八時
Meeting link/會議連結: meet.google.com/pff-gytm-rj
Special thanks to our Parent Volunteers
Haines School
Parent Advisory Council (PAC)
Topic: Community Resource for
Embracing the Whole Child Development
家長會: 社區資源提升兒童全面性發展
FOH Board Meeting
October 17, 2021 at 10am
Join with Google Meet
meet.google.com/viv-kqfp-dwx
Join by phone
(US) +1 609-594-4309 (PIN: 643587506)
Objectives

Understand the components for Embracing the Whole Child Development including but not limited to the following:

1. Listen to students’ interests and concerns
2. Model kindness, patience, and respect
3. Tend to students’ overall well-being and their emotional and social selves

Extracurricular activities: life outside the classroom

1. Haines’ after school extracurricular activities
2. Community resources for extracurricular activities
學習目標

了解提升兒童「全面性發展」的组成部分，包括但不限於以下內容：

1. 傾聽學生的興趣和顧慮
2. 以仁慈、耐心和尊重為榜樣
3. 傾向於學生的整體幸福感，以及他們的情感和社交自我

課外活動：學校以外的活動

1. 興氏學校的課外活動
2. 社區資源-非學術的課外活動
Listen to children’s interests and concerns

• To foster a relationship that is built on respect. When adults listen to children, they are teaching them about respecting others and the importance of being a good listener.

• To build a better, stronger relationship with children.

• To show children that you are interested in what they have to say.

• To make them feel valued and build their confidence.
傾聽孩子的興趣和他們關注的事情

• 培養建立在尊重基礎上的關係。當成年人傾聽孩子的聲音時，他們是在教他們尊重他人以及成為一個好的傾聽者的重要性。

• 與孩子建立更好、更牢固的關係。

• 向孩子表明你對他們所說的感興趣。

• 讓他們感到被重視，並建立他們的信心
Active Listening Skills

Build trust and establish rapport.

Demonstrate concern.

Ask specific questions.

Use brief verbal affirmations like:

Active listening techniques can help you truly understand what people are saying in conversations and meetings.
表現出關心

積極
聆聽
技巧

問具體的問題。

積極的傾聽技巧可以幫助你真正理解別人在說什麼

在談話和會議

使用簡短的口頭肯定，如:

我明白了.
Model kindness, patience, and respect

We all have kindness within us, just we have to show it.
以仁慈、耐心和尊重為榜樣

我們內心都有善良，只是我們必須表現出來。
Model kindness, patience, and respect

Video clip
We all have kindness within us, just we have to show it.

我們內心都有善良，只是我們必須表現出來。
Tend to students’ overall well-being and their emotional and social selves.

• Pleasant emotions are more closely associated with having supportive relationships.
• People who are emotionally healthy are in control of their thoughts, feelings, and behaviors. They’re able to cope with life’s challenges. They can keep problems in perspective and bounce back from setbacks. They feel good about themselves and have good relationships.
• Being emotionally healthy doesn’t mean you’re happy all the time. It means you’re aware of your emotions. But they know how to manage their negative feelings.
傾向於學生的整體幸福感，以及他們的情感和社交自我。

- 愉快的情緒與支持性關係，密切相關的。

- 情緒健康的人可以控制自己的想法、感受和行為。他們能夠應對生活中的挑戰。他們可以正確看待問題並從挫折中恢復過來。他們自我感覺良好，人際關係也很好。

- 情緒健康並不意味著你一直都很快樂。這意味著你意識到你的情緒。但他们知道如何管理自己的負面情緒。
Whole Child Development can be done through activities that foster cooperative learning and teamwork.
兒童「全面性發展」
可以通過促進合作學習
和團隊合作的活動來達成。
<table>
<thead>
<tr>
<th>Category</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enrichment</td>
<td>Knitting and Crocheting, Coding, Yearbook, Math Team</td>
</tr>
<tr>
<td>Student Leadership</td>
<td>Student Council, Debate</td>
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<tr>
<td>Arts</td>
<td>Music Club, Art Club</td>
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<tr>
<td>Sports</td>
<td>Volleyball</td>
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<tr>
<td>SEL</td>
<td>Board Games</td>
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<tr>
<td>Academic-Tutoring</td>
<td>Math Club, EL Program, Project Vision</td>
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## 興氏學校 - 課外活動

<table>
<thead>
<tr>
<th>充實活動</th>
<th>針織和鉤編、電腦編碼、校刊編輯、數學隊</th>
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</thead>
<tbody>
<tr>
<td>學生領袖</td>
<td>學生會, 辯論</td>
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<tr>
<td>藝術</td>
<td>音樂學會、藝術學會</td>
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<tr>
<td>體育</td>
<td>排球</td>
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<td>社會情感</td>
<td>棋盤遊戲</td>
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<tr>
<td>學術-輔導</td>
<td>數學, 雙語組學習活動, Project Vision</td>
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<tr>
<td>Community Resources</td>
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<tr>
<td><strong>Pak Tak Center</strong></td>
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<tr>
<td><strong>link</strong></td>
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<tr>
<td>Jumpstart – July</td>
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<tr>
<td>Summer Program</td>
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<tr>
<td>- Saturday-Extended Gym Program, Saturday Enrichment Program (Mandarin, English, Abacus)</td>
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<tr>
<td>- Friday-Fellowship Programs for 5&lt;sup&gt;th&lt;/sup&gt; to 12 graders &amp; College Students</td>
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<td>- Monthly community service</td>
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<td><strong>Project Vision</strong></td>
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<td>Youth enrolled in PV programs have access to their nonacademic activities</td>
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<td>- 1 social activity per month (e.g. movies, pumpkin carving this month)</td>
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<td>- 1 service learning activity per month (take students to various volunteering/community service activities)</td>
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<td>- Saturday &quot;camps&quot;- each camp is 4-6 weeks, and each camp is themed (e.g.: arts/culture, sports, STEM)</td>
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<tr>
<td><strong>Chicago Park District</strong></td>
<td><a href="#">Link to Ping Tom Fitness Center</a></td>
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<td><strong>All Events</strong></td>
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<td><strong>Night Out in the Parks</strong></td>
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<td><strong>Movies in the Parks</strong></td>
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<td><strong>CASL</strong></td>
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<tr>
<td>- Youth Development Program</td>
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<td>社區資源</td>
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| **培德中心** [link]**Jumpstart 七月暑期班** | - 星期六 開放式籃球場活動  
- 星期六兴趣班（国语班，英语班，珠心算班）  
- 星期五-5 至 12 年級學生和大學生團契  
- 每月社區服務 |
| **Project Vision** | - 每月 1 次社交活動（例如本月電影、南瓜雕刻）- 每月1次服務學習活動（帶學生參加各種志願服務/社區服務活動）  
- 星期六 “特別活動”每個特別活動為 4-6 週，每個營地都有主題（例如：藝術/文化、體育、STEM） |
| **Chicago Park District** | **Ping Tom Fitness Center**  
**All Events** 所有活動  
**Night Out in the Parks** 公園之夜  
**Movies in the Parks** 公園裡的電影 |
| **CASL** | 青年發展計劃 |
CPS welcomes parents and community stakeholders who wish to contribute their valuable time and talents to enriching the academic experience of our students.

- Examples of Level II Volunteers ([information](https://chicagopublicschools.civicore.com/index.php?actio

  - Day field trip chaperones
  - Assistants in schools with administrative duties
  - Other volunteer activities in contact with students while supervised

Volunteer Application [link]:
https://chicagopublicschools.civicore.com/index.php?action=userLogin
CPS 歡迎希望家長貢獻寶貴時間，來豐富我們學生學術經驗的家長和社區利益相關者。

- Level II Volunteers 二級志願者示例 (信息)
  - 一日遊實地考察陪同
  - 在學校擔任行政職務的助理
  - 在監督下與學生接觸的其他志願者活動

志願者申請連接：
https://chicagopublicschools.civicore.com/index.php?action=userLogin
Information about School CNXT will be sent home soon, so be on the lookout for your code. Thank you for your patience and please visit our school's website for more information and follow us on social media.

關於學校將會用的 CNXT - 溝通平台的信息, 將很快發送給大家, 所以請注意您的代碼。感謝您的耐心等待, 請查看「興氏學校」的網站了解更多信息, 並在社交媒體上關注我們。
COVID-19 Travel Guidance for Families
Next PAC Meeting Dates
下次家長會議日期

November 12, 2021
Concerns or Questions..

意見或問題可聯絡:

● Contact Ms. Moy Davis, Principal 主持 / 校長梅綺雯
  camoy@cps.edu

● Contact Ms. Cheung, Translator 翻譯員 / 雙語班主任張老師
  mcheung@cps.edu